



*Latorie Woodberry*

*Boxing Instructor/mentor*

*540-204-1173*

*Email: [Boxingandbrawling@outlook.com](mailto:Boxingandbrawling@outlook.com)*

*Website: [Boxfitroanoke.com](http://Boxfitroanoke.com)*

# WHO ARE WE?

***BOXING & BRAWLING BOXFIT***, IS AN INNOVATIVE WAY TO USE BOXING FITNESS AND MENTORSHIP TO DEVELOP PARTICIPANTS IN A PROGRESSIVE WAY.

IT CREATES CONNECTIONS WITH THE COMMUNITY, WHILE TEACHING BOXING AS A STRESS RELIEF TOOL, WHICH IS SOMETHING THESE YOUTH CAN ADD AS A HEALTHY LIFESTYLE CHOICE.

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OUR GOALS IS TO NOT ONLY TEACH BOXING BUT INCREASE AWARENESS OF OUR MENTALITY AND THE IMPORTANCE OF MORAL INTEGRITY WITHIN OUR SELF AS WELL AS IN OUR COMMUNITIES

Previously during summer Boxing & Brawling had been doing “BOXING IN THE PARKS” as a free community initiative to try and reach even more kids!

- 8 Weeks ( reaching over 20 participants ) ( Graduation incentive took Youths to Blueridge Nightmares presented certificates to graduates)



# Links to trainings

<HTTPS://WWW.FACEBOOK.COM/100057409240872/VIDEOS/630462185427739>

<HTTPS://WWW.FACEBOOK.COM/100057409240872/VIDEOS/3353452914931519>

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# BENEFITS

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Our goal is to offer free boxing fitness camps/After school program to the city youth and young adults ages 7-17. We ask to be fully funded to help support this outreach programs that **reduce The raise in gun violence, provides behavior improvement tools, instill healthy lifestyle choices in youth.**

## **AFTERSCHOOL PROGRAMS INCLUDE**

- Mentorship
- Nutrition and physical activities
- Work-Base Learning (Providing youth jobs experience)
- Improve social skills, and build confidence
- Create a sense of belonging
- provide safety and supervision

## OPERATIONAL BUDGET

Sustainable facility (Norwich) building with subsidized leasing agreement, ideally similar to terms previously operated upon.

### BUDGET 25 PARTICIPANTS

	MONTHLY	YEARLY
3 EMPLOYEES \$13hourly 15Hr per week	\$2,340	\$28,080.00
INSURANCE	\$500	\$6,500.00
BOXING RING (One-time Fee)		\$4,500.00
EQUIPMENT		\$2,500.00
INVENTORY		\$1,200.00
MARKETING	\$200	\$2,400.00
PROGRAM FEES (25)	\$65 per person	19,500.00
MISCELLANEO US EXPENSE	200	\$2,400.00
TRAVEL EXPENSE	\$150	\$1,800.00
<b>TOTAL</b>		<b>\$68,880.00</b>